## Behavioral Health Planning and Advisory Council Meeting Executive Committee Approved Minutes Monday July 22nd, 2019, 12:00 P.M.

"Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services."

Planning Council 2019-2020 priorities:

- 1. Parity
- 2. Early intervention and prevention
- 3. Recovery support services
- 4. Youth in transition
- 5. Block Grant

In attendance: Rob Wesemann, Olivia Shakespeare, Sigrid Nolte, Heather Rydalch, Dan Braun, and Jennifer Marchant.

Excused: Mary Jo McMillen, Lori Cerar, Rafael Montero, Nettie Byrne, and Pam Bennett.

Meeting began at 12:10 PM.

Rob began the meeting and introductions were made around the room.

Rob motioned to approve minutes. Dan made the 1<sup>st</sup> motion to approve the minutes, Sigrid made a 2<sup>nd</sup>, and all were in favor and the motion passed unanimously.

Talked about Jean Hill and her efforts with the Catholic Community Services. Also discussed the new homeless shelters, such as the Rio-Grande shelter.

Sigrid brought up the issues of the cost of ambulances and the expensive deductibles.

Discussed problems and stigmas of childhood exposure and trauma, especially with the blame that usually falls on the parents' shoulders.

Dan wants us to be in the mindset of, "How can we help these people?" And not the current state of, "Which department to they go to?" Rob also talked about the lack of access for people.

Rob began the topic of Medicare and the problems of the paperwork, time restraints, and minority populations. He also talked about the success we have had in UBHPAC meetings and the excitement that has been swirling around.

Sigrid asked about how this meeting can influence the Legislature and how we can work with State leaders to make a difference in the state of Utah.

1. Review new membership applications: No new applications. Waiting on one from Julia Martinez from LBH.

- 2. Training topic(s) for upcoming meeting or meetings discussion: Jeannie Edens has confirmed for August. Emma Chacon will speak in September. Rob was going to reach out to Jean Hill about September or October.
- 3. Follow-up on Council priorities or topics from prior meetings: Feedback questions for Council regarding block grant? Topics for sub-committee discussions. Signid submitted three: in-utero exposure, rape, access to treatment for individuals that do not qualify for Medicaid.
- 4. Council needs (discuss when needed): We need more diversity within the council. Pam is meeting with Julia Martinez to discuss. Any other suggestions around who we can reach out to? Sacred Circle? Asian Association?

Nettie would like feedback on recent food orders for full meeting. Ideas and suggestions?

5. Other: Dan mentioned inviting Co-magine to our meetings. Nettie looked at their site and cannot find an individual contact for Utah. Does Dan know of anyone Nettie can reach out to?